

COMMUNITY AWARENESS AND EDUCATION CAMPAIGN

- Education campaign to raise community awareness on the impact of Domestic Violence on young children.
- www.speakout4kids.org.au - which includes information, self-assessment tools, service directory, local stories from local people and upcoming events.
- Strengthening partnerships between services in relation to child protection, providing smooth referral pathways for children and families linking them with resources and support.



It is up to us as a community to be the voice for all our children!

- public education campaign via radio, online, print media, brochures and school newsletters.
- Training in the 'Kidz Group', 'Kiddy Katz' and 'Women on the Verge' group work.
- Ongoing community engagement evaluation and program development.

Speak out 4 Kids

For more information contact:

Speak out 4 Kids

21 Verge St, Kempsey
P: 02 6563 1092
E: info@speakout4kids.org.au
www.speakout4kids.org.au

Kempsey Family Support Services Inc

21 Verge Street, Kempsey 2440
P: 6563 1588

Mid North Coast Family Referral Service

P: 1800 758 589

Other helpful organisations:

Kids Helpline: 1800 55 1800

After Hours Child Protection Service:

Freecall 1800 066 777

Staying Home Leaving Violence

P: 65622272 or 0437003154

Are you in danger?

 **Call 000**

for immediate help

Supported by the Macleay Valley
Communities for Children
'Communities for Children' is supported
by the Australian Government.



Speak out 4 Kids



www.speakout4kids.org.au

Supporting children 0-12yrs impacted by Domestic Violence and who are now living safely in a violence free home

Kidz Group

An 8 week program for children aged 8-12 years who have been impacted by Domestic Violence and are no longer in this situation.

Children will:

- build their self-esteem, confidence and resilience
- learn protective behaviours and safety strategies
- participate in games, craft and other activities/home
- talk about the impact of Domestic Violence
- make friends and feel less alone
- explore their feelings and have fun



Kidz Group operates during school terms every Tuesday after school from 3.30-5.30pm. Transport can be arranged. Afternoon tea provided.

Kiddy Katz

An 8 week program run during each school term for children aged 5-7yrs old who have been impacted by domestic violence and/or sexual assault but are no longer living in that environment.

Using creative arts therapy, Kiddy Katz provides children with an opportunity to express themselves through play or creative art work. This group focuses on the latest neurodevelopment research and how trauma affects the developing brain of children.

Women on the Verge

An 8 week program providing support, information and encouragement for women dealing with the effects of Domestic Violence.

The course covers:

- the cycle of violence
- the effects of violence on women and children and how to:
 - move towards choosing more positive pathways
 - build positive relationships
 - alleviate stress and learn relaxation techniques
 - develop self-esteem and assertiveness



Women on the Verge operates during school terms every Wednesday 10.00am - 12.30pm. Transport can be arranged. Morning tea provided.



With this in mind the activities are designed to promote neural pathways that assist in building resilience in children.

Kiddy Katz is run on Monday 1pm-2.30pm. Children will be collected from school by group facilitators and returned to school in time for pick-up or to catch the bus.

Support for Children

Speak Out 4 Kids provides individualised assessment for children impacted by Domestic Violence.

This may include:

- One-on-one or small group support which may include creative arts therapy sessions (ie music, drama, art, sand, play and dance therapy)
- Access to a psychologist partnered with our project who has extensive Domestic Violence knowledge
- Information, awareness & support for families about the impacts of Domestic Violence on children
- Support to attend other programs partnered with Speak Out 4 Kids such as (ToT Spot on Verge, supported playgroup, Healthy Minds & Grief & Loss)
- One-on-one support for Mums with young infants/toddlers



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